

Food Preferences – Questions by Topic

Q1.

Briefly outline neophobia as an explanation for food preferences.

(Total 2 marks)

Q2.

Using your knowledge of the role of learning in food preference, outline how parents might encourage their children to eat a healthy diet.

Read the item and then answer the questions that follow.

Research has identified centres in the hypothalamus that are involved in the control of eating behaviour. Much of this research has used non-human animals, such as rats and mice.

(Total 4 marks)

Q3.

Outline and evaluate the evolutionary explanation for food preferences.

(Total 8 marks)

Q4.

Outline and evaluate evolutionary explanations of food preference.

(Total 16 marks)

Q5.

Discuss the role of **one or more** factors that influence attitudes to food.

(Total 16 marks)

Q6.

'Attitudes to food and eating behaviour are influenced by a range of factors such as culture, mood and health concerns.'

Discuss research into factors influencing attitudes to food **and / or** eating behaviour.

(Total 16 marks)